## HOLY CROSS COLLEGE (AUTONOMOUS)

(Affiliated to M.S. University, Tirunelveli)

Accredited with A+ Grade (CGPA 3.35 - 4th Cycle) by NAAC

Nagercoil - 629 004, Tamil Nadu, India



ANNUAL REPORT
SC-ST CELL
(2019 - 2020)



## 2019 -2020

**Title of the Programme**: Importance of the Handicraft making

**Date** : 26.09.2019

Organized by : SC/ST Cell

**Theme / Objective** : To enlighten the students on handicraft making

so as to enable them to become entrepreneurs

**Resource Person** : Dr V. Antony Prakash Babila,

Assistant Professor of Tamil,

Holy Cross College (Autonomous)

Nagercoil.

Outcome of the Activity : Students were enlightened on handicraft

making so as to become entrepreneurs

No. of Beneficiaries : 50

Venue : Common Room,

Holy Cross College (Autonomous), Nagercoil.





**Title of the Programme**: Yoga and its benefits

**Date** : 10.10.2019

Organized by : SC/ST Cell

**Theme / Objective** : To enlighten the students on the benefits of yoga

and motivate them to practice the same

**Resource Person** : Ms.A. Aarthi

III B.A English Literature

Holy Cross College (Autonomous), Nagercoil.

Outcome of the Activity : Students were enlightened on the importance of

yoga and its benefits.

No. of Beneficiaries : 20

Venue : In front of Multipurpose hall,

Holy Cross College (Autonomous) Nagercoil.



## SC/ST CELL



## Importants of Yoga and its benefits

Date: 10.10.2019 Time: 11.45am-12.30pm

**Venue: In front of the multipurpose hall** 

RESOURCE PERSON
MS. A. AARTHI
III B.A. ENGLISH LITERATURE
HOLY CROSS COLLEGE (AUTONOMOUS)
NAGERCOIL.

ORGANIZING COMMITTEE MEMBERS DR. V. ANTONY PRAKASH BABILA DR. S. PRAKASH SHOBA MS. P. SATHYA MS. V. G. MICHAEL FLORENCE



